

# Bone as a microcontinuum<sup>1 2</sup>

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## How to treat the microstructure?

- homogenization
- theory of mixtures, of composites
- **microcontinuum theories**

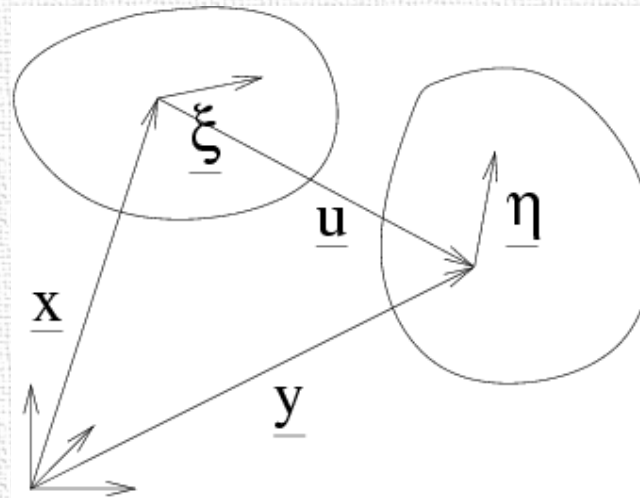
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<sup>2</sup> Typeset by ConT<sub>E</sub>Xt (<http://www.pragma-ade.nl>).

# Basic kinematics

- Continuum "points" can translate, but also **rotate** and **deform**  
→ **micromorphic continuum**.
- Position within a particle given by  $\underline{x}' = \underline{x} + \underline{\xi}$ ,  $\underline{y}' = \underline{y} + \underline{\eta}$ .
- Special types:
  - **microstretch continuum**: rotation + volume change,
  - **micropolar continuum**: rotation only.



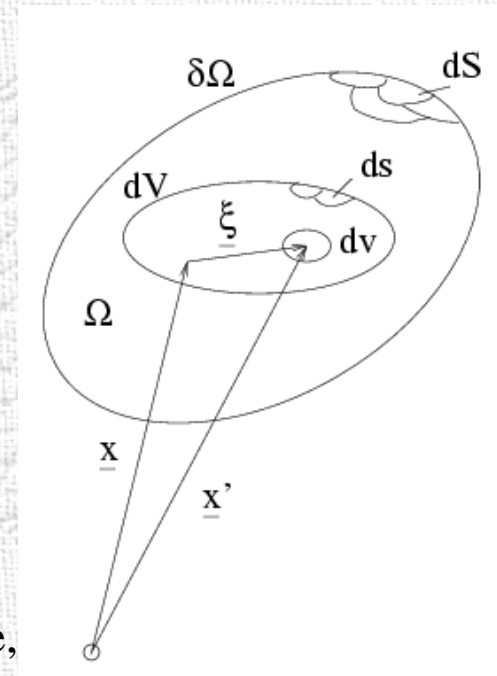
**Figure 1** Coordinates within particles.

# General balance equations

The balance of forces and balance of stress moments equations:

$$t^{kl}_{,k} + \rho f^l = 0, \quad m^{klm}_{,k} + t^{ml} - s^{ml} + \rho l^{lm} = 0. \quad (1)$$

- $t^{kl}$  ... stress tensor in a particle,  $t^{kl} = t^{lk}$ ,
- $s^{lm}$  ... micro-stress average — stress tensor of the macrovolume averaged across the volume (symmetric),
- $t^{kl}$  ... stress tensor of the macrovolume averaged across the surface (non-symmetric),
- $m^{klm}$  ... the first stress moment — moment of the forces acting on the surface of the macrovolume with respect to its centre of gravity,
- $l^{lm}$  ... the first body moment of the volume forces with respect to the centre of gravity of the macrovolume,
- $f^l$  ... averaged volume force.



Some defining relations:  $\int_{dS} t^{kl} n'_k ds' = t^{kl} n_k dS$ ,  $\int_{dS} \xi^{lm} t^{kl} n'_k ds' = m^{klm} n_k dS$ .

## Special types

- **microstretch continuum** — 7 degrees of freedom

$$m^{klm} = \frac{1}{3}m^k\delta^{lm} - \frac{1}{2}e^{lmr}m^k_r, \quad (2)$$

$$l^{kl} = \frac{1}{3}l\delta^{lm} - \frac{1}{2}e^{klr}l_r. \quad (3)$$

- **micropolar continuum** — 6 degrees of freedom

$$m^k = 0, \quad l = 0. \quad (4)$$

# Micropolar continuum - the boundary value problem

- Basic equations:

$$t^{kl}{}_{,k} + \rho f^l = 0, \quad m^k{}_{l,k} + e_{lmn} t^{mn} + \rho l_l = 0, \quad (5)$$

$$t_{kl} = \rho \frac{\partial \Psi}{\partial \bar{\Psi}_{KL}} \frac{\partial y_k}{\partial x^K} \bar{\chi}_{lL}, \quad m_{kl} = \rho_0 \frac{\partial \Psi}{\partial \Gamma_{LK}} \frac{\partial y_k}{\partial x^K} \bar{\chi}_{lL},$$

$$\bar{\Psi}_{KL} = y_{,K}^k \bar{\chi}_{kL}, \quad \Gamma_{KL} = \frac{1}{2} e_K^{MN} \bar{\chi}_{kM} \bar{\chi}_{kN}, \quad \text{where } \chi_k^l = \frac{\partial \eta^l}{\partial \xi^k}, \quad \bar{\chi}_k^l = \frac{\partial \xi^l}{\partial \eta^k}.$$

- For the **isotropic continuum** holds (denoting  $\gamma_{ij} = \phi_{i,j}$ ,  $\varepsilon^{kl} = \frac{\partial u^l}{\partial x^k} + e^{lkm} \phi_m$ ):

$$t_{kl} = \lambda \varepsilon_m^m \delta_{kl} + (\mu + \kappa) \varepsilon_{kl} + \mu \varepsilon_{lk}, \quad m_{kl} = \alpha \gamma_m^m \delta_{kl} + \beta \gamma_{kl} + \gamma \gamma_{lk}. \quad (6)$$

- The boundary conditions:  $\left. \begin{array}{l} u_k = \hat{u}_k \\ \phi_k = \hat{\phi}_k \end{array} \right\} \text{ on } \partial\Omega_1, \quad \left. \begin{array}{l} t_{kl} n^k = \hat{t}_l \\ m_{kl} n^k = \hat{m}_l \end{array} \right\} \text{ on } \partial\Omega_2.$

## Variational formulation

The solution is the **stationary point** of the potential (see [8])

$$\begin{aligned} \Pi(\underline{u}, \underline{\phi}) &= \frac{1}{2} \int_{\Omega} [\lambda \delta^{kl} \varepsilon_m^m + (\mu + \kappa) \varepsilon^{kl} + \mu \varepsilon^{kl}] \varepsilon_{kl} \mathbf{d}x \\ &+ \frac{1}{2} \int_{\Omega} (\alpha \delta^{kl} \gamma_m^m + \beta \gamma^{kl} + \gamma \gamma^{lk}) \gamma_{lk} \mathbf{d}x + \int_{\partial\Omega_2} (\hat{u}_i n_j + g_{ij}) \tau^{ij} \mathbf{d}x \\ &+ \int_{\partial\Omega_2} (\hat{\phi}_k n_l + \gamma_{kl}) m^{kl} \mathbf{d}x - \int_{\Omega} \rho \hat{f}_i u_i \mathbf{d}x - \int_{\partial\Omega_1} \hat{\tau}_i u_i \mathbf{d}x - \int_{\Omega} \rho \hat{l}^l \phi_l \mathbf{d}x \end{aligned}$$

with the constraints

$$\varepsilon^{kl} = \frac{\partial u^l}{\partial x^k} + e^{lkm} \phi_m, \quad -u_i n_j = g_{ij} \text{ on } \partial\Omega_2, \quad \gamma^{kl} = \frac{\partial \phi_k}{\partial x^l}, \quad -\phi_i u^j = \gamma^{ij} \text{ on } \partial\Omega_2.$$

The weak solution of the problem at **page 5** satisfies (we omit loading terms here)

$$\Pi(\underline{u}, \underline{\phi}; \delta \underline{u}) = 0 \rightarrow \int_{\Omega} \tau_{kl} \delta u \varepsilon_{kl} \mathbf{d}\Omega = 0, \quad (7)$$

$$\Pi(\underline{u}, \underline{\phi}; \delta \underline{\phi}) = 0 \rightarrow \int_{\Omega} (\tau_{kl} \delta_{\phi} \varepsilon_{kl} + m_{kl} \delta_{\phi} \phi_{l,k}) \mathbf{d}\Omega = 0. \quad (8)$$

## FE discretization

Denote:  $\mathbf{1} \equiv [1, 1, 1|0, 0, 0|0, 0, 0]^T$ ,  $\mathbf{J} \dots$  a permutation matrix,  $\mathbf{G}, \nu$  strain operators.

$$\mathbf{t}^e = \underbrace{(\lambda \mathbf{1}\mathbf{1}^T + (\mu + \kappa)\mathbf{I} + \mu\mathbf{J})}_{\mathbf{D}_1} [\mathbf{G}^+ | \nu] \mathbf{d}^e = \mathbf{D}_1 \mathbf{B} \mathbf{d}^e, \quad \mathbf{m}^e = \underbrace{(\alpha \mathbf{1}\mathbf{1}^T + \beta \mathbf{J} + \gamma \mathbf{I})}_{\mathbf{D}_2} \mathbf{G}^+ \phi^e = \mathbf{D}_2 \mathbf{G}^+ \phi^e.$$

Discrete balance equations for one element:

$$U_e \equiv \sum_q [\mathbf{G}^{+T} \mathbf{t}^e J_0 W] |_{\xi^q} = \sum_q [\mathbf{G}^{+T} \mathbf{D}_1 \mathbf{B} J_0 W] |_{\xi^q} \cdot \mathbf{d}^e = [A_e, B_e] \mathbf{d}^e = 0, \quad (\leftarrow \text{Eq. 7})$$

$$\begin{aligned} \phi_e \equiv \sum_q [(\nu^T \mathbf{t}^e + \mathbf{G}^{+T} \mathbf{m}^e) J_0 W] |_{\xi^q} &= \sum_q [\nu^T \mathbf{D}_1 \mathbf{B} J_0 W] |_{\xi^q} \cdot \mathbf{d}^e \\ &+ \sum_q [\mathbf{G}^{+T} \mathbf{D}_2 \mathbf{G}^+ J_0 W] |_{\xi^q} \cdot \phi^e = [C_e, D_e] \mathbf{d}^e + E_e \phi^e = 0. \end{aligned} \quad (\leftarrow \text{Eq. 8})$$

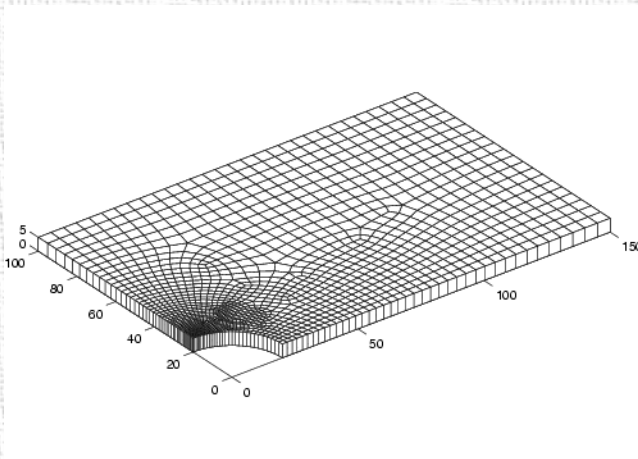
$\Rightarrow$  Linear system with **indefinite** matrix:

$$\begin{bmatrix} A_e & B_e \\ C_e & D_e + E_e \end{bmatrix} \begin{bmatrix} \mathbf{u}^e \\ \phi^e \end{bmatrix} = \begin{bmatrix} f^e \\ g^e \end{bmatrix}. \quad (9)$$

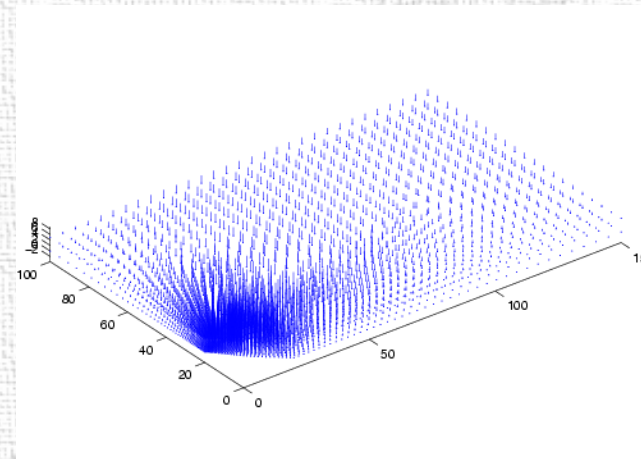
# Analytical verification I

The analytical solution is known in some cases (cf. [3], results taken from [8]), e.g.:

- a plane with a hole loaded in tension,
- compute the stress concentration factor on the boundary of the hole.



mesh



microrotations

**Figure 2** Plane with a hole.

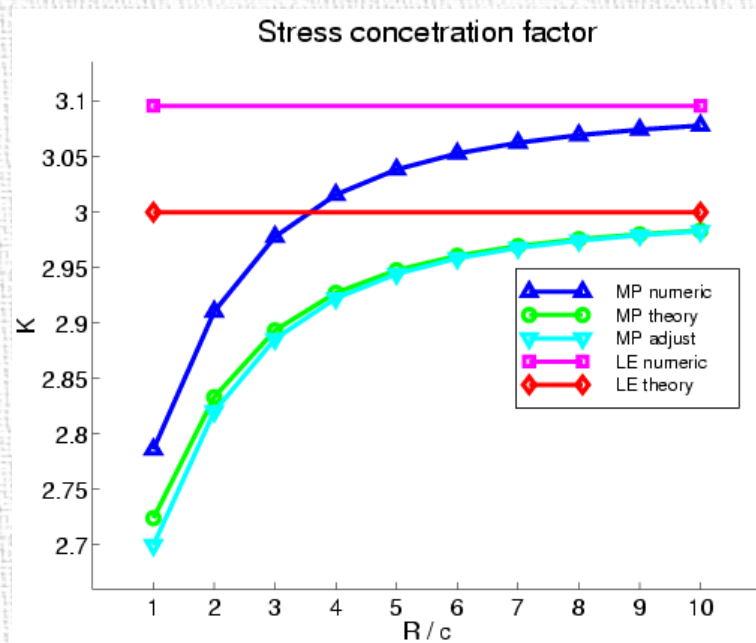


## Analytical verification II

$R$  = radius of the hole (macroscopic characteristic length) [m]

$c$  = characteristic length of the microstructure [m]

$K$  = stress concentration factor



**Figure 3** Stress concentration( $R/c$ ).

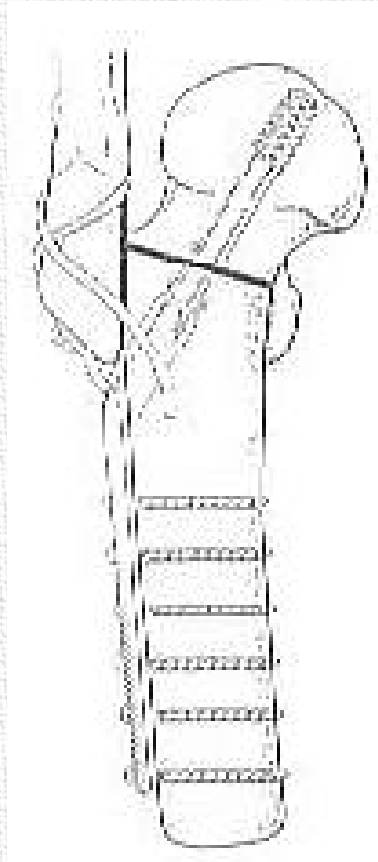
Theory:

- linear elasticity: red curve ( $K = 3$ )
- micropolar elasticity: green curve

Numerical values:

- linear elasticity: magenta curve
- micropolar elasticity: blue curve
- adjusted (shifted by LE numeric – LE theory): cyan curve

## Femur bone with nail — motivation



**Figure 4** Example of a fixation of a bone.

## Femur bone with nail — material data

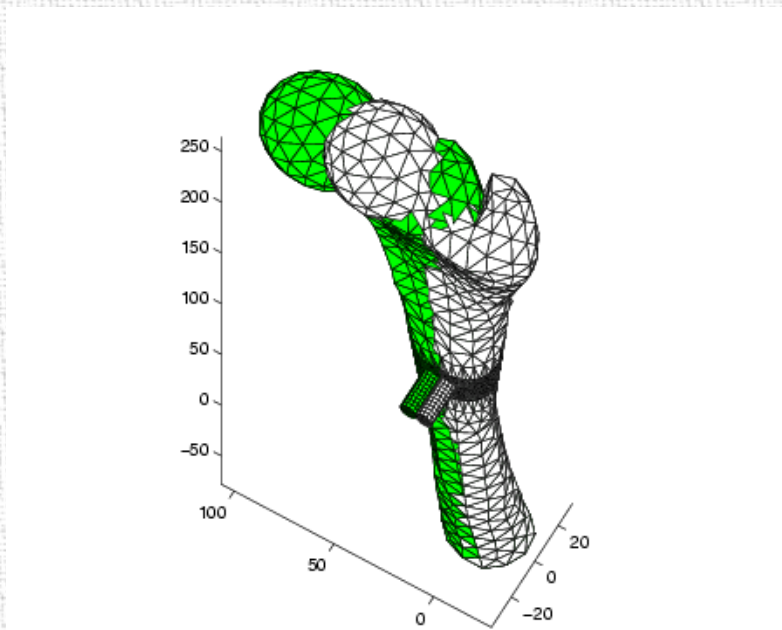
set	$\lambda$ [Pa]	$\mu$ [Pa]	$\kappa$ [Pa]	$\alpha$ [N]	$\beta$ [N]	$\gamma$ [N]
MP1	$1.8 \cdot 10^{10}$	$-1.468 \cdot 10^{10}$	$3.837 \cdot 10^{10}$	-120	120	240
MP2	$1.8 \cdot 10^{10}$	$-1.468 \cdot 10^{10}$	$3.837 \cdot 10^{10}$	-12000	12000	24000
LE	$1.8 \cdot 10^{10}$	$4.5 \cdot 10^9$	—	—	—	—

**Table 1** Material data.

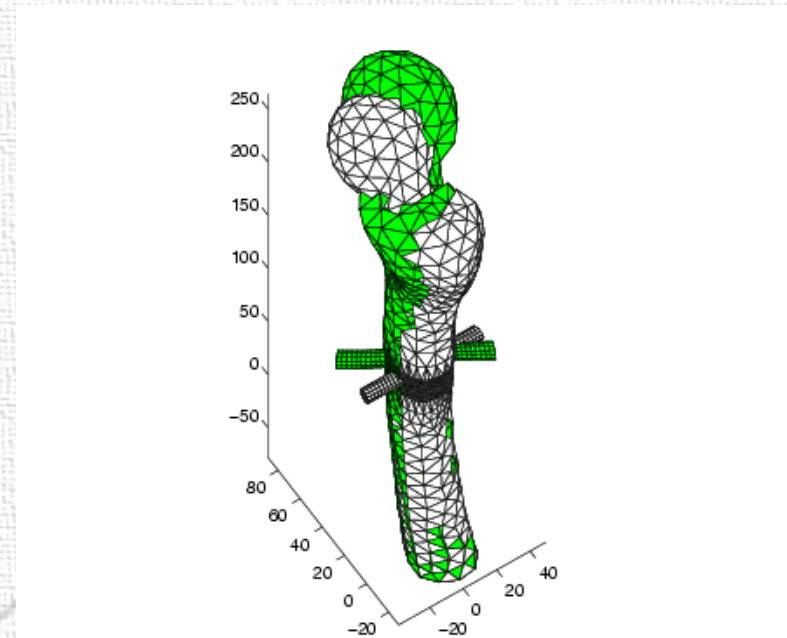
- Equivalent LE set was obtained using  $\lambda_E = \lambda_M$ ,  $\mu_E = \mu_M + \kappa/2$  ( $\rightarrow E = 1.26 \cdot 10^{10}$  [Pa],  $\nu = 0.4$ ).
- Material data of the steel nail:  $E = 2.1 \cdot 10^{11}$  [Pa],  $\nu = 0.3$ .
- Characteristic lengths of the microstructure:
  - MP1:  $c = 0.1283$  [mm]
  - MP2:  $c = 1.283$  [mm]
- Characteristic length of the macrostructure = radius of the hole.
- LE set was used in PAM-Crash code for verification of our solver — the results are denoted as "PC".

## Femur bone with nail — loads

- Two kinds of loading: bending and torsion.
- Observed micropolar effect: decrease of stress on the femur–nail interface



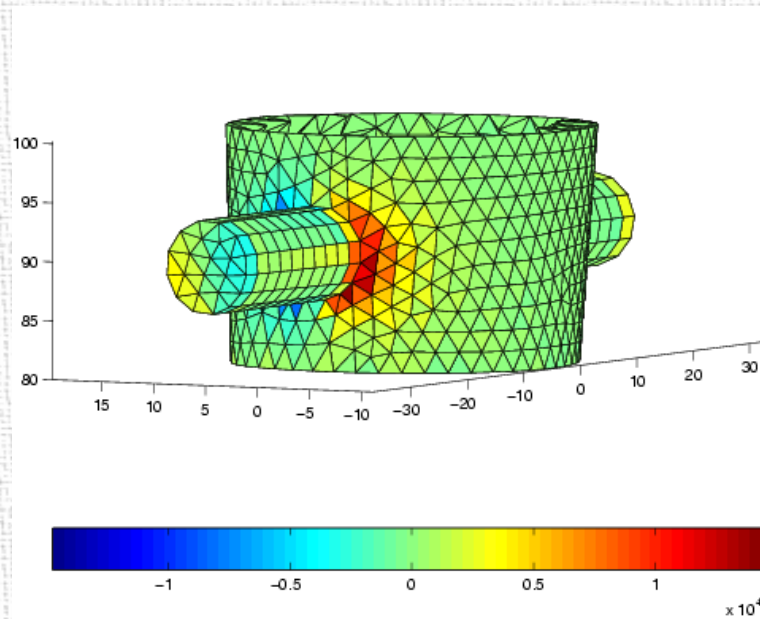
bending



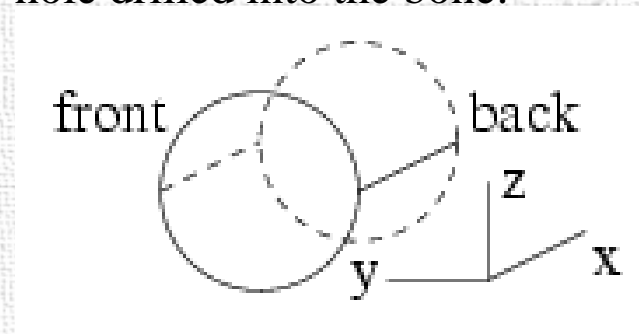
torsion

**Figure 5** Original (white) + deformed femur mesh (magnified displacements), LE set used for the bone.

## Femur bone with nail — evaluation lines



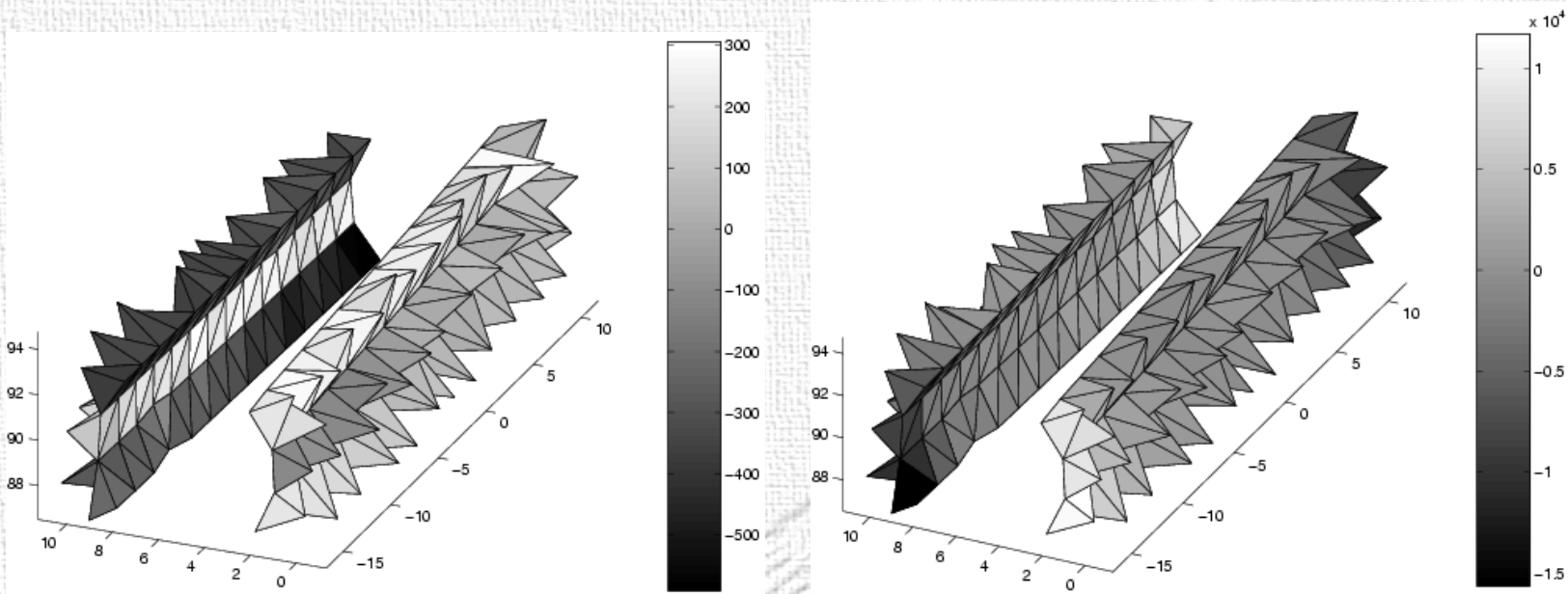
The nail was considered to be fixed to the bone — no movement between the two materials was allowed. The stress was evaluated along these lines on the surface of the hole drilled into the bone:



**Figure 6**  $t_{22}$  [kPa], torsion case.

## Femur bone with nail — stress along the lines

- Bending load: different behaviour (tension-compression) of middle and "non-middle" rows of elements  $\Rightarrow$  separate plots.
- Torsion load: no such phenomenon.



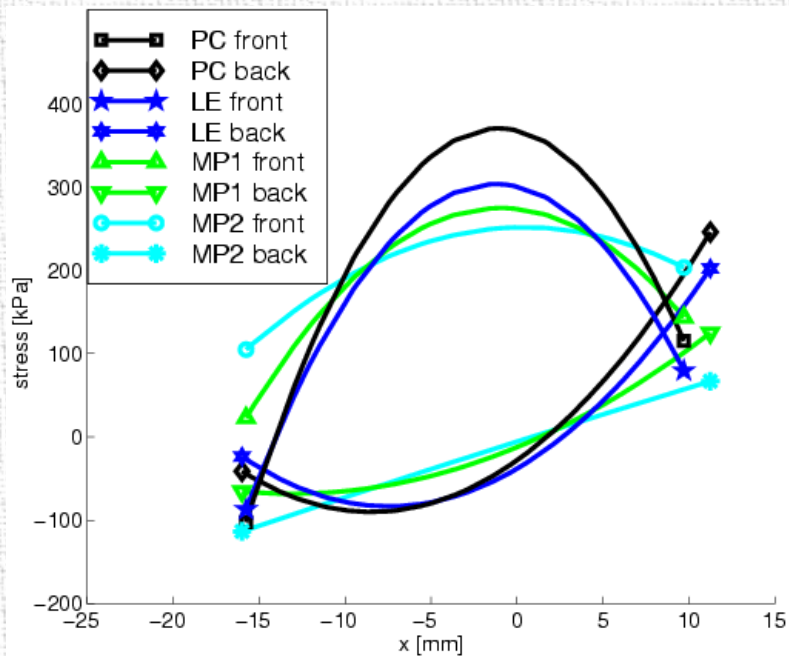
$t_{33}$  [kPa] (bending)

$t_{22}$  [kPa] (torsion)

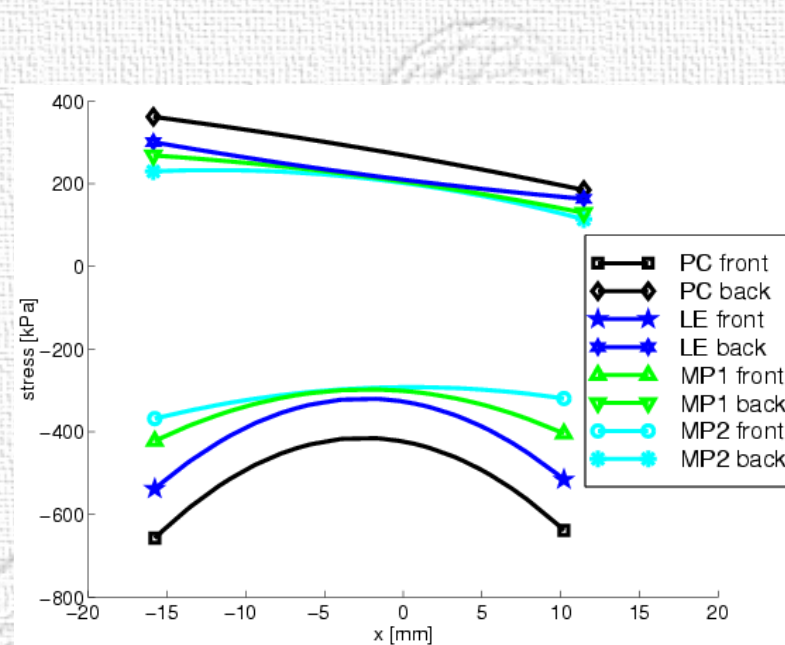
**Figure 7** Stress along the lines, MP2 set used for the bone.

# Femur bone with nail — example Ia

- We plot "averaged" stress along the front and back lines of Figure at [page 13](#).
- The "averaging" = the least squares fitting of stress in the elements of [Figure 7](#)).



middle element row

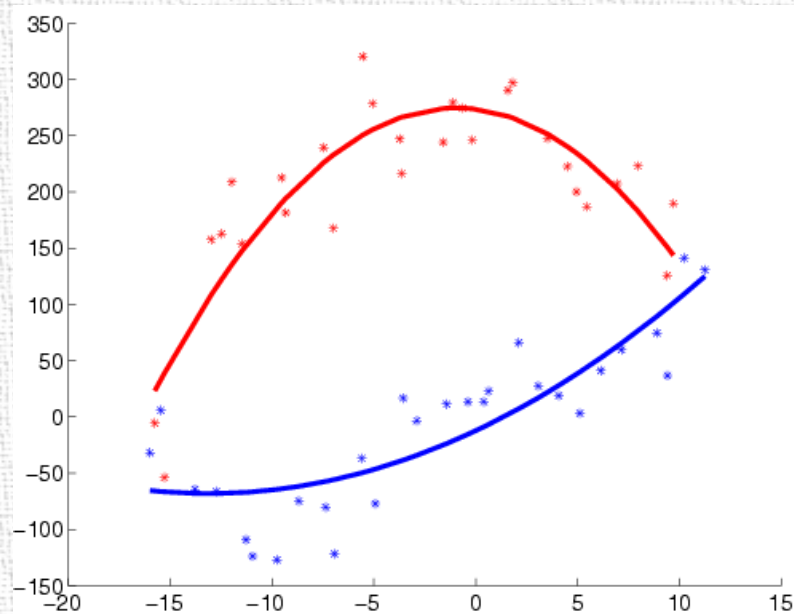


upper element row

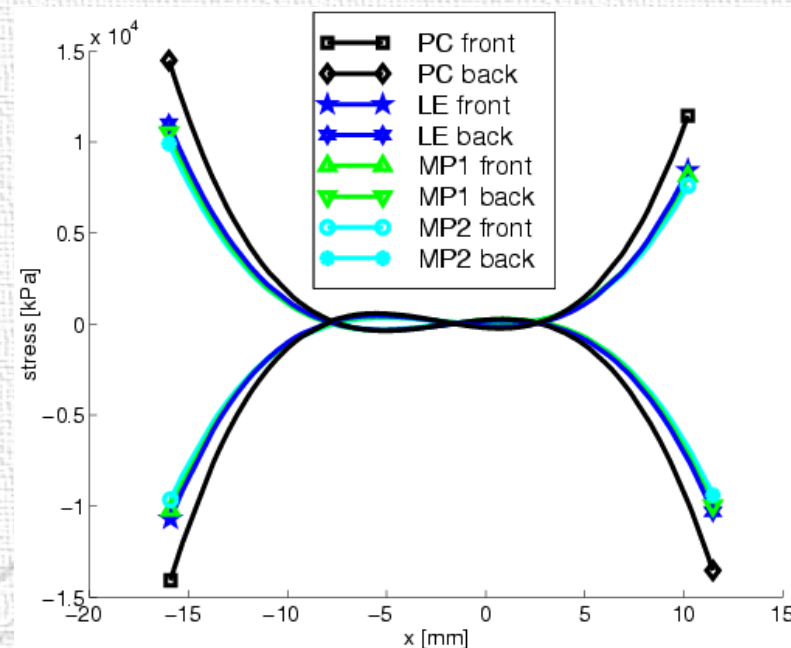
**Figure 8**  $t_{33}$  along the lines, bending.

# Femur bone with nail — example Ib

- The bending case — fitting with the second order polynomial.
- The torsion case — fitting with the third order polynomial.



Bending, middle element row, MP1 set.



$t_{22}$  along the lines, torsion.

**Figure 9** Averaging example + torsion case results.



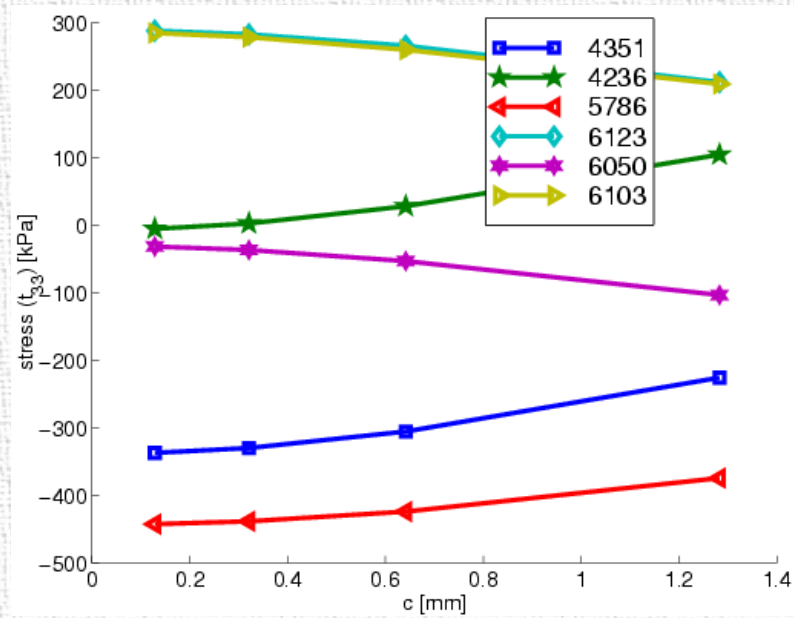
## Femur bone with nail — example IIa

- **Dependence of stress on  $c$ :**  $l_t$  varied in range  $\langle 0.2, 2 \rangle$  [mm] while keeping the other parameters constant. This resulted in  $c$  variation in range  $\langle 0.1283, 1.283 \rangle$  [mm].
- Stress was evaluated in 6 selected elements (“left” end of the hole (the lowest  $x$  coordinate), see **Figure 7, Table 2**).
- Note the difference between middle and non-middle elements in the bending case.

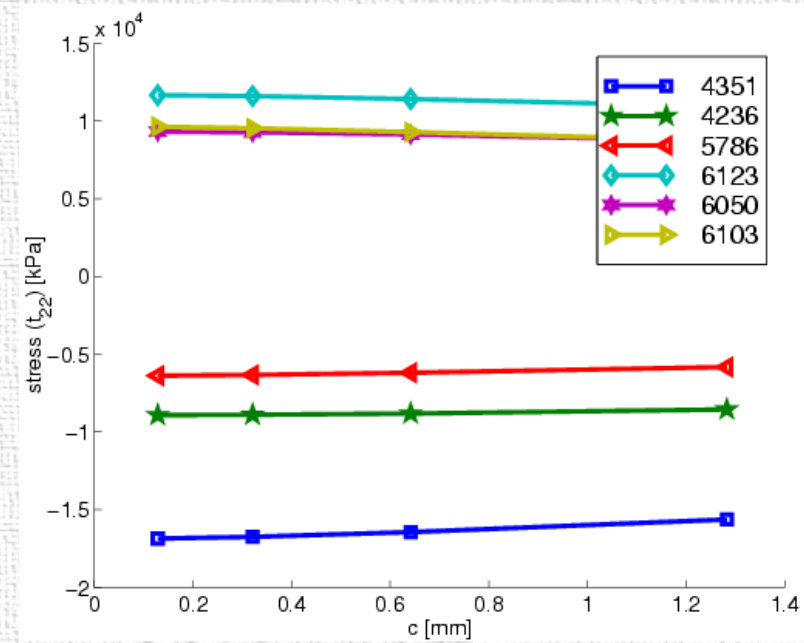
element	5786	4236	4351	6103	6050	6123
line	front	front	front	back	back	back
row	upper	middle	lower	upper	middle	lower

**Table 2** Selected elements.

# Femur bone with nail — example IIb



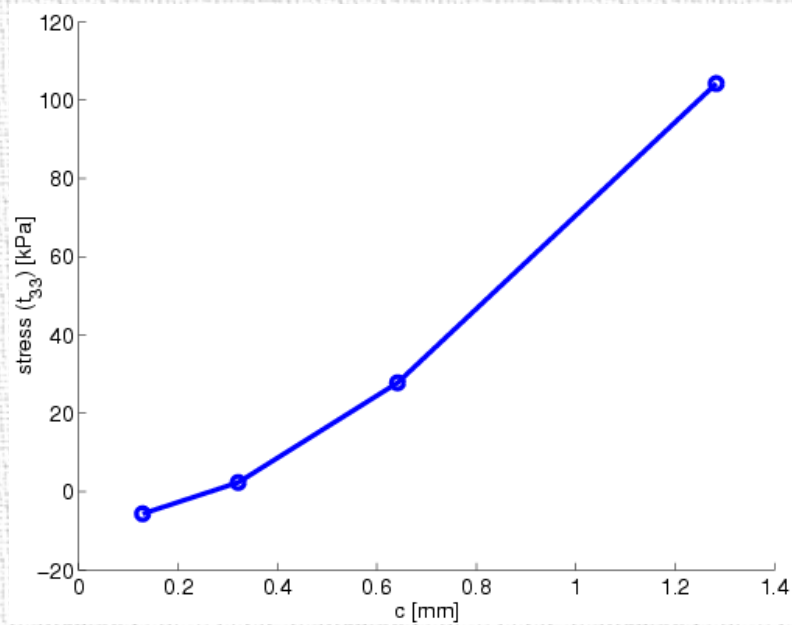
$t_{33}(c)$ , bending



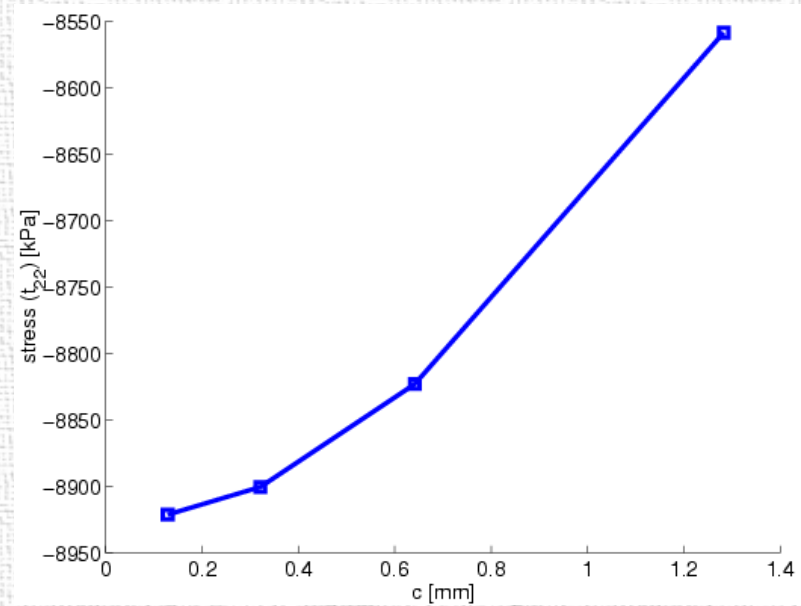
$t_{22}(c)$ , torsion

**Figure 10** Dependence on  $c$  in the selected elements.

# Femur bone with nail — example IIc



$t_{33}(c)$ , bending



$t_{22}(c)$ , torsion

**Figure 11** Dependence on  $c$  in element 4236.

# Conclusion

- Linear micropolar elasticity was introduced.
- Presented examples showed a strong **influence of the microstructural parameters** on the stress.
- **Further work:**
  - micropolar anisotropic continuum
  - micromorphic continuum
  - material parameter identification

## References

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